

THE DOCTOR  
IS IN

PROSPER

CO PERINATAL MENTAL HEALTH & SUBSTANCE USE CONSULT LINE

CALL  
1.888.910.0153

Monday - Friday  
9 am to 5:00 pm MT



## Suicide and Overdoses

are the leading causes of maternal death in Colorado.

## 1 in 5 women

experience a mental health or substance use disorder during the perinatal period.

Perinatal mood and anxiety disorders are the most common complication of pregnancy,

## 58.2%

of all pregnancy-related deaths in Colorado had discrimination as a factor.

Latine/X parents report less emotional support in parenting compared to White, non-Hispanic Colorado parents.

## 40%

of Colorado counties lack sufficient perinatal care, mental health, and substance use care.

Introducing **PROSPER** – Perinatal Resource Supporting Obstetric Screening, Psychiatric Education, Equity, and Referral – Colorado’s new perinatal health and substance use consult line. We support Colorado healthcare clinicians working with pregnant and postpartum individuals by providing free statewide perinatal psychiatry support and referrals. Our consultation line helps build capacity for clinicians in implementing screenings, providing education, trainings, and resources for their patients with a focus on equity, gender responsive services, trauma-informed care, and cultural considerations.

## How do consultations work:

- Health care provider can call 1.888.910.0153 M-F 9am-5:00pm to request a consult.
- Connect with a specialist to provide basic patient information.
- Perinatal psychiatric expert will call you within one business day.
- Resources will be offered to share with your patients.
- Complete a 3-question satisfaction survey.

## Contact us for additional information:



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**Email:**  
PROSPER@ucdenver.edu



**Visit our Website:**  
www.coloradoprospers.org

In collaboration with



Department of Psychiatry

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

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Sources:

Maternal Mortality in Colorado, 2016-2020. Colorado Department of Public Health and Environment. 2023.[https://drive.google.com/file/d/1L8YyFzO7MUKJuG17p2qa1O8mwTz\\_PR4T/view](https://drive.google.com/file/d/1L8YyFzO7MUKJuG17p2qa1O8mwTz_PR4T/view)  
<https://www.psychiatry.org/getmedia/344c26e2-cdf5-47df-a5d7-a2d444fc1923/APA-CDC-Perinatal-Mental-and-Substance-Use-Disorders-Whitepaper.pdf>